

The Mystery of the Seven Deaths

Part I – The Symptoms

Imagine that you work at the medical examiner's office for a major metropolitan city. As Chief Medical Officer, you investigate suspicious deaths and provide toxicology services for the county. Unfortunately, it's been a busy week. In the past five days, seven people have died, all with similar symptoms. It is your job to examine the data and determine the cause of death for these victims.

The first was a 12-year-old girl. Her parents said that she was awake in the middle of the night complaining of a stuffy nose and sore throat. They gave her an extra strength Tylenol and sent her back to bed. At 7am the next morning, the parents discovered that the girl had collapsed on the bathroom floor. An ambulance rushed the girl to a nearby hospital, where she was pronounced dead.

That same day, paramedics found the second victim unconscious on his kitchen floor after what they thought was an apparent heart attack. Sadly, the victim's brother and fiancée also collapsed later that night while the family gathered to mourn his passing. Both had taken Tylenol to help them cope with their loss shortly before collapsing; neither survived.

In the next four days, four other similar deaths were reported, all in the same neighborhood and all with similar symptoms.

Are these seven deaths related? What is causing these people to die? It is your job to answer these questions before more deaths are reported.

Symptoms exhibited by most patients:

- Dizziness
- Confusion
- Headache
- Shortness of breath/rapid breathing
- Vomiting

Most deaths were very rapid, occurring within a few hours of symptoms.

Questions

1. Are there any similarities or connections between these seven individuals? What questions would you want to ask the families to answer these questions?
 2. In your opinion, are these seven deaths connected? Why or why not?
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Part II – Autopsy Report

- Immediate cause of death was hypoxia (suffocation or lack of oxygen).
- Tissue sections from heart, lung, kidney, and liver all show massive cell death.
- Staining with specific dyes showed major mitochondrial damage within the affected tissues.
- Oxygen levels in the patients' blood were approximately 110 mm Hg (normal range is 75 – 100 mm Hg).

Questions

3. Recalling your knowledge of the function of organelles, what function of the cells was interrupted in these patients? Could this loss of function lead to the death of these individuals? Why or why not?
4. Given the data in the autopsy, were there any reports that seemed inconsistent with the cause of death?

Part IV – Role of Cyanide

You are now convinced that you know the cause of death for these victims and quickly report it back to the police as this is a very dangerous situation. After realizing that the electron transport chain (part of cellular respiration that makes the most ATP) was no longer functioning, you started to suspect poisoning and ran a blood test for various poisons that you knew affected the electron transport chain. The test of all seven patients came back positive for cyanide. Cyanide binds to cytochrome c oxidase (CcOX) a protein in the electron transport chain and prevents the transfer of electrons to oxygen.

Questions

5. What affect would cyanide have on the electron transport chain and the production of ATP? Explain your answer.
6. Given what you now know about the action of cyanide on cellular respiration, explain why the patients died of lack of oxygen while their blood oxygen levels were normal? Hint: Where do we need oxygen and why do we need it?
7. Would treating the people with oxygen have saved them? Why or why not?
8. Looking back at the information you have about the people before they got sick, can you suggest a possible source of the cyanide poisoning? How should public health officials and police respond to this tragedy?